



Lutheran Manor of the Lehigh Valley

JULY 2026

2085 Westgate Drive, Bethlehem, PA 18017

Office Hours

Monday - Thursday

8:30a - 4:30p

Friday

8:30a - 1:00p

Fitness Center

Every Day

5:30a - 9:00p

Staff Birthdays

No June Babies

WELCOME New Residents

Cecilia V. - Floor 8

Patricia M. - Floor 7

Joyce K. - Floor 3

General Meeting

Canceled for
July & August

*To resume in
September

Office Notes

In observance of
INDEPENDENCE DAY

Offices will be
CLOSED!

Friday, 7/3

BRAVE THE HEAT

- Protect your skin - always wear sunscreen
- Wear clothing, hats/visors, and sunglasses
- Stay hydrated
- Always find shade if you plan to be outside for long periods of time or carry an umbrella for instant shade

Be extremely cautious as high temperatures will be here before you know it!


Throughout July & August, many of our staff members will be away on vacation.

We kindly ask for your patience & understanding during this time. Our remaining team will continue to support residents and respond to requests as promptly as possible while we operate with limited staffing.

As always, thank you for your kindness and cooperation.



*Thank you
Residents & Staff.*

Your cards, gifts, kind words, well-wishes, hugs, tears, and presence at my retirement celebration and final worship service as your Chaplain touched me deeply. Each gesture was a blessing and brought tears to my eyes. May God richly bless you with His ever-present love & grace.

~In Christian Love, Pastor Clark

**\$124.00 was sent to Lutheran Disaster Response from our worship on June 25th*

Movie Days



HOPE IS A JOURNEY

When Harold learns that his old friend Queenie is dying, he resolves to walk the length of England to see her, inspiring the nation along the way.

JULY 6 | TVMA | CH99

In-Person Movie

tyler perry's
thefamilythatpreys



Despite their differences in social class, Charlotte & Alice are best friends. When scandal surrounding both families throw their lives into turmoil, they set out on a road trip across the country, hoping to gain perspective and save the situation from ruin.

JULY 13 | PG13 | CH99

Película En Persona



SOLO MIO

Un desastre nupcial que deja a un novio con el corazón roto y varado en Roma, se convierte en una aventura que nunca hubiera imaginado.

24 DE JULIO | PG | SC

**IS
THIS
THING
ON?**



Facing middle age and an impending divorce, Alex finds new purpose in the New York comedy scene, while his wife, Tess, confronts the sacrifices she made for their family.

JULY 27 | R | CR

All English movies will be shown at 1:00p on Channel 99 (CH99) or in the Community Room (CR).



La película Española se proyectará en persona a las 2:00p en la Sala Comunitaria (SC).

Resident of the Month



Marge Carpenter

Let's give a huge shoutout to our new Fitness Specialist!

We are pumped to have you with us and can't wait to see the amazing impact you will make.



Mike DeRosa

Garlic Parm Summer Squash Pasta Recipe

- Kosher salt
- 16 oz fusilli corti bucati or fusilli
- 1 oz Parmesan, finely grated
- 4 tbsp unsalted butter
- 2 - 3 small yellow summer squash
- 1 medium zucchini (about 8 oz.),
*sliced into 1/4" thick half-moons
- 5 garlic cloves, grated
- 2 tbsp finely chopped fresh basil
- 2 tbsp finely chopped fresh mint
- 2 tbsp thinly sliced chives



1. In a large pot of boiling salted water, cook pasta, stirring occasionally, until al dente according to package directions. Drain, then return to pot. Add Parmesan and fold until melted and smooth.
2. Meanwhile, in a large skillet over medium-high heat, melt butter. Once butter starts to bubble and turn lightly brown, add squash and zucchini and cook, stirring occasionally, until tender and lightly golden, about 10 minutes. Add garlic, stirring, until fragrant, about 1 minute more; season with 1 tsp. salt. Remove from heat.
3. Transfer pasta to a large serving bowl. Add zucchini mixture, basil, mint, and chives and toss to combine. Top with more Parmesan and Enjoy!



Miscellaneous

**Only
\$7.00**

Resident's Association 'Special Breakfast'



- Scrambled Eggs
- Pancakes
- Sausage
- Potatoes
- Juice
- Coffee



Saturday, 7/11 @ 9:30a | Lounge

Name: _____

Phone#: _____

Apt#: _____

Sign-up Required | Return this form to the Main Office by 7/6

RESIDENT'S ASSOCIATION ICE CREAM PARTY

- Banana Splits
- Cones
- Cups
- Milkshakes



- Chocolate
- Strawberry
- Vanilla



- Caramel
- Chocolate Syrup
- Crushed Peanuts
- Hot Fudge
- Pineapple
- Strawberries
- Whipped Cream
- Cherries



Saturday, 7/25 @ 2:00p | Lounge



Name: _____

Phone#: _____

Apt#: _____

Sign-up Required | Return this form to the Main Office by 7/17

From the Chaplain

**THE LORD
BLESS + & KEEP
YOU + YOU;
THE LORD
MAKE HIS FACE SHINE ON YOU & BE
GRACIOUS TO YOU;
THE LORD TOWARD
YOU &
TURN HIS FACE GIVE YOU
PEACE.
NUMBERS 6:24-26**

Dear brothers & sisters of Lutheran Manor,
THANK YOU! You have been a wonderful blessing to me as I have answered God's call and served as Chaplain at Lutheran Manor for almost 18 years. Thank you for your love, trust, encouragement and forgiveness (& laughing at my silly jokes)! Seriously, you have nurtured my faith in God and in many ways broadened my understandings.

Seasons change and so we move on. God is good and will continue to guide each of us as we face the future. I look forward to more time with my family, my church and leisure activities... walks with Charlie (cavalier spaniel), reading, sailing, Philly sports, woodworking and some travel. Keep me and my family in your prayers as I promise to remember you in mine.

TO GOD BE THE GLORY! AMEN. ~Pastor Clark

Worship in the Community Room

Thur, 7/2	Pastor Luiz and Betty Ortiz - Casa de Dios, Allentown (Spanish)
Thur, 7/9	Pastor Larry Burd - Calvary Baptist Church, Easton
Thur, 7/16	Pastor Beth Goudy - Metropolitan Community Church, Bethlehem
Thur, 7/23	Dr. Mark Crumpler - Grace Church, Bethlehem <i>During worship, we will take time to remember all loved ones who have passed. Following the service, refreshments will be served in loving memory of Faye Anderko, in honor of what would have been her 100th birthday this month.</i>
Tue, 7/28	Father Korobo - Notre Dame R.C. Church, Bethlehem
Thur, 7/30	Pastor Chris Weltin - Race St. Baptist Church, Catasauqua

Worship Services at 2:00pm - Live-Streamed on Channel 99

Pastor's Movies

Murphy's Romance



After her divorce, Emma moves to a ranch to rebuild her life & befriends the older Murphy Jones. Romance blossoms but then gets complicated when her ex shows up claiming he's changed his ways.

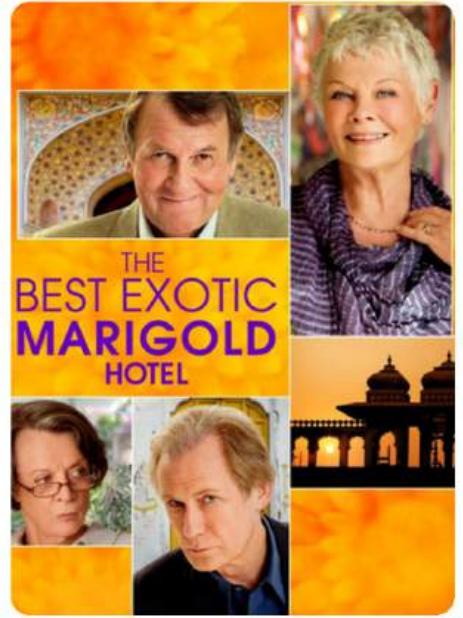
JULY 1 | PG13

SARAH'S OIL



True story of 11-yr-old Sarah Rector, an African American girl born in early 1900s on Indian Territory. Sarah believed there was oil beneath the barren land she was allotted and her faith proved right, changing her life & history forever.

JULY 8 | PG



When seven cash-strapped Seniors decide to outsource their retirement to a resort in far-off India, friendship and romance blossom in the most unexpected ways.

JULY 15 | PG13

MIRACLES from HEAVEN



A girl miraculously healed from a rare incurable disorder, affirming the power of hope, faith & prayer.

JULY 22 | PG



ELLEN BURSTYN JAMES CAAN ANN MARGRET JANE CURTIN CHRISTOPHER LLOYD LORETTA DEVINE

QUEEN BEES

A COMEDY ABOUT THE YOUNG AT HEART



While her house undergoes repairs, a fiercely independent widow stays at a retirement community soon realizing it's like high school again.

JULY 29 | PG13

**All Pastor Movies
Live-Streamed on
Wednesdays @
3:00p on Channel 99**

Believers' Worship

with Paul Belfort

Postponed until
further notice

Sealed Communion
cups are available
by contacting
Pastor Clark.

Bellezza Salon

MEN and WOMEN of Lutheran Manor,

Caring for your feet is an essential part of maintaining your overall health. Regular pedicures and manicures do more than keep you looking your best - they help prevent infections, improve blood flow, and support better circulation.

Good circulation plays a key role in healing throughout the body, especially as we age.

If this will be your first full pedicure, Valentina would be delighted to offer you a complimentary hand massage as our gift to you.

Taking care of your hands and feet isn't just pampering. It's an important step toward staying healthy, comfortable, and active.

GIFT BOX DRAWING: Compliments of Diane Rizzetto, Salon Owner!

GIFT CERTIFICATES: Always available for purchase!

NO SHOW APPOINTMENTS: \$10 fee

PERSONAL APARTMENT VISIT: Ask Salon Techs for details.

PUNCH CARDS: Compliments of Lutheran Manor!

REFERRALS: Always Welcome and Sincerely Appreciated!



July Tidbits

Flower-Larkspur symbolizes dedication, positivity, & happiness

Stone- Ruby symbolizes passion, protection, and prosperity

July 4 - Independence Day

July 7 - Chocolate Day

July 19 - Ice Cream Day

July 24 - Self Care Day

July 30 - Friendship Day

Janelle:

- Starting July 8th and every Wednesday after
- Specializes in precision haircuts and styling, and custom hair color
- To make, change, or cancel, call her directly at 484-966-4359

Theresa:

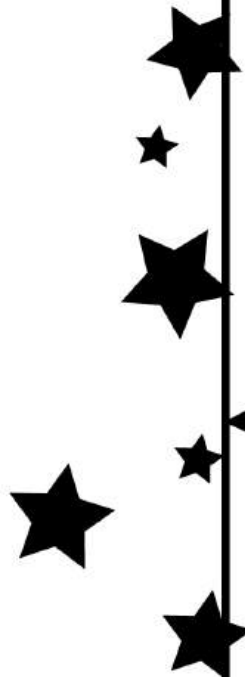
- Works every Tuesday starting at 9a
- Specializes in Hair, Ear Candling, Facials, Paraffin Dips, and Waxing
- To make, change, cancel, or private visits, call her directly at 610-504-7401

Valentina:

- Works 2nd Thursday of every month 9:30a-2p
- Specializes in Manicures, Gel Manicures, Pedicures, Gel Pedicures, Facial Waxing, Facials, and Paraffin Dip
- To make, change, cancel, or private visits, call her directly at 484-695-3017

Massage Therapy

Contact Karen directly to book an appointment 610-360-2427.



JULY 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 11:30a Zumba 1:00p Bible Study 3:00p Pastor's Movie	2 11:00a Qigong/TaiChi 12:30p Second Harvest 2:00p Church	4th of July Holiday 3 OFFICES CLOSED 10:00a Stitching w/ Nena 2:00p Snacks / IceCream	4th of July 4 9:30a RA Donuts/Coffee
5	9:30a Walker's Club 10:00a Banks/Pharmacies 11:30a Zumba 1:00p LM Movie 2:30p Qigong/TaiChi 6:00p RA BINGO	7 10:15a Circuit Strength 11:00a Balance/Fitness 11:00a SPEAKER: UV Safety 1:00p Chair Fitness	8 11:00a Dat's Eats, Treats, & Sweets 11:30a Zumba 1:00p Bible Study 3:00p Pastor's Movie	9 10:00a Giant 11:00a Qigong/TaiChi 12:00p Mobile Market 2:00p Church	10 10:00a Stitching w/ Nena 11:45a CLINIC: OAA 2:00p Snacks / IceCream 2:00p Dominó Español	11 9:30a RA Special Breakfast 10:00a Sit & Fit 11:00a Sculpt & Stretch
12	9:30a Walker's Club 11:30a Zumba 11:45a Open Swim at NW 1:00p LM In-Person Movie 2:30p Qigong/TaiChi 6:00p RA BINGO	14 10:00a Dollar Tree 10:15a Circuit Strength 11:00a Balance/Fitness 12:00p Hymns/Piano 1:00p Chair Fitness	15 11:30a Zumba 12:45p Crazy Cones 1:00p Bible Study 3:00p Pastor's Movie	16 11:00a QiGong/TaiChi 12:00p ACTIVITY: Watercolor Painting 2:00p Church 3:30p Switchback Pizza Co	17 10:00a Stitching w/ Nena 12:00p 365 Health Svcs BINGO/Q&A 2:00p Snacks / IceCream	18 10:00a Sit & Fit 11:00a Sculpt & Stretch

JULY 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19	20	21	22	23	24	25
9:30a Walker's Club 11:00a Nazareth Diner 11:30a Zumba 2:30p Qigong/Taichi 6:00p RA BINCO	10:15a Circuit Strength 11:00a Balance/Fitness 11:00a VOCERO: Protección contra los rayos UVs 12:00p Weis 1:00p Chair Fitness 2:00p Church	11:30a Zumba 1:00p Bible Study 3:00p Pastor's Movie 4:00p CLINIC: On-Site Dermatology	10:00a North St Cafe 11:00a Qigong/Taichi 2:00p Church	10:00a Stitching w/ Nena 2:00p Pelicula en Persona 2:00p Snacks / IceCream 2:00p Pelicula en Persona	10:00a Sit & Fit 11:00a Sculpt & Stretch 2:00p RA Ice Cream Party	
26	27	28	29	30	31	
9:30a Walker's Club 11:30a Zumba 12:00p ENTERTAINMENT: One Man Band 1:00p LM Movie 2:30p Qigong/Taichi 6:00p RA BINCO	10:15a Circuit Strength 11:00a Balance/Fitness 12:00p Hymns/Piano 1:00p Chair Fitness 2:00p Church 3:30p Prime Steakhouse	9:00a Hershey Butterfly Atrium & Lunch 11:30a Zumba 1:00p Bible Study 3:00p Pastor's Movie	11:00a Qigong/Taichi 11:00a Walmart 2:00p Church	10:00a Stitching w/ Nena 11:45a Open Swim at NW 2:00p Snacks / IceCream 2:00p Clothes/Shredding		
					STAFF BIRTHDAYS No July Babies	

Religious Activities

ACTIVITY	DAY(s)	TIME	PLACE
Bible Study	Every Wednesday	1:00p	Community Room
Chat Room	Canceled until further notice	-	Tune in to Channel 100 for updates
Church	4th Tues & Every Thurs (1st Thurs - Spanish)	2:00p	Community Room Channel 99
Sunday Believers' with Paul Belfort	No Worship until further notice	-	Tune in to Channel 100 for updates

Exercise Activities

ACTIVITY	DAY(s)	TIME	PLACE
WALKER'S CLUB with Anna	Monday	9:30a	Gym Doors
ZUMBA with Anna	Monday Wednesday	11:30a 11:30a	Exercise Room
CIRCUIT STRENGTH with Rob	Tuesday	10:15a	Exercise Room
MIDDAY BALANCE & FITNESS with Rob	Tuesday	11:00a	Exercise Room
CHAIR FITNESS with Anna	Tuesday	1:00p	Exercise Room
QIGONG / TAI CHI with Rob	Monday Thursday	2:30p 11:00a	Exercise Room
SIT & BE FIT with Katie	Saturday	10:00a	Exercise Room
SCULPT & STRETCH with Katie	Saturday	11:00a	Exercise Room

Fitness questions with Anna

Mondays 10:00a-11:30a

Mondays 12:30p-1:30p

Wednesdays 12:30p-2:30p

*Schedule in person



Personal Training with Katie



Call or Text
484-546-6803



Personal Training with Rob



Call or Text
484-894-1746



July Activities

RA BINGO	Every Monday	6:00p	Community Room
Stitching with Friends	Every Friday	10a-12p	Game Room
RA Snacks & Ice Cream	Every Friday	2p-3p	Lounge
RA Shredding & Clothing Drive	Last Friday	2p-3p	Lounge
Second Harvest Food Bank	Thursday, July 2	12:30p	Resident Apts.
Independence Day	Friday, July 3	-	Offices CLOSED
RA Coffee & Donuts	Saturday, July 4	9:30a	Lounge
SPEAKER: UV Safety	Tuesday, July 7	11:00a	Community Room
CLINIC: OAA Podiatry	Friday, July 10	11:45a	Resident Apts
DOMINÓ ESPAÑOL	viernes 10 de julio	2:00p	Sala Comunitaria
RA 'Special Breakfast'	Saturday, July 11	9:30a	Lounge
RA Soup & Hotdogs	CANCELED	-	Resumes in Sept
LM In-Person Movie: 'The Family That Preys'	Monday, July 13	1:00p	Community Room
ENTERTAINMENT: Hymns / Piano	Tuesday, July 14	12:00p	Community Room
GENERAL MEETING	CANCELED	-	Resumes in Sept
ACTIVITY: Watercolor Painting	Thursday, July 16	12:00p	Lounge
CLINIC: HealthDrive EYE	CANCELED	-	-
CLINIC: Ennoble Care PCP	CANCELED	-	-
365 Health Services BINGO / Q&A	Friday, July 17	12:00p	Community Room
RA Breakfast	CANCELED	-	Resumes in Sept
VOCERO: Protección de los Rayos UVs	martes 21 de julio	11:00a	Sala Comunitaria
LM BINGO	CANCELED	-	Resumes in Sept
CLINIC: On-Site Dermatology	Wednesday, July 22	4:00p	Resident Apts
Película en Persona: 'Solo Mio'	viernes 24 de julio	2:00p	Sala Comunitaria
RA Ice Cream Party	Saturday, July 25	2:00p	Lounge
RA Social	CANCELED	-	Resumes in Sept
ENTERTAINMENT: One Man Band	Monday, July 27	12:00p	Lounge

Land of the Free, Home of the Brave!



Brenda's Bulletin

SECOND HARVEST FOOD BANK

Boxes are delivered directly to your apartment. Please plan accordingly to be home at this time. Contact Brenda to sign-up.

Thursday, 7/2 @ 12:30p

DOMINÓ Español

Únase a nosotros para disfrutar de algunos juegos, excelente comida española y una compañía increíble.

**viernes, 10 de julio
@ 2:00p**

~Sala Comunitaria
Regístrate en el Formulario de Eventos

CLINICS

OAA Podiatry

Friday, 7/10 starting 11:45a
~Resident Apartments

ENNOBLE CARE PCP
NO CLINIC THIS MONTH

HealthDrive EYE
NO CLINIC THIS MONTH

ON-SITE Dermatology

Wednesday, 7/22 starting 4:00p
~Resident Apartments

** All Clinics are By Appt. ONLY
~Ask Brenda for details*

ACTIVITIES

David Donnangelo
Water Color Painting
Thursday, 7/16 @ 12:00p

~Lounge

365 Health Services
BINGO & Q&A
about Social Wellness
Friday, 7/17 @ 12:00p

~Community Room



ENTERTAINMENT

Glen Miller, One Man Band
Monday, 7/27 @ 12:00p

~Lounge

Ellie Weltin, Hymns/Piano
Tuesday, 7/14 @ 12:00p
Tuesday, 7/28 @ 12:00p

~Community Room

Sign-up on the Events Form

SPEAKER:

Vent Healthcare Services 'The Importance of UV Safety'

Highlighting actionable ways to prevent skin cancer and eye damage caused by overexposure to the sun's UVA and UVB rays.

Tuesday, 7/7 @ 11:00a

~Community Room
Sign-up on the Events Form

VOCERO:

Servicios de Atención Médica de Vent 'La importancia de la protección contra los rayos UVs'

Destacamos medidas prácticas para prevenir el cáncer de piel y los daños oculares causados por la sobreexposición a los rayos UVA y UVB del sol.

miercoles 21 de julio @ 11a

~Community Room
Sign-up on the Events Form

Bus Trip Cancelations

- 24hr notice REQUIRED
- \$5.00 fee incurred without required notification

You will not be able to enjoy any future trips till the fee is paid in full.



On-Site Dermatology IS BACK!!

Board-certified dermatologists providing preventative skin checks, skin cancer detection, treatment, and/or care for conditions such as, eczema, psoriasis, & dermatitis.

- **By Appointment ONLY**
- **In the comfort of your own home**
- **Covered by insurance**

If you're interested in joining this amazing program, please contact Brenda for details.

God Bless America

Brenda will be
away on vacation
July 27-August 7

In case of an Emergency, contact
the Main Office for assistance.

Come make a splash with us!

Cool off, kick back, and soak up the sunshine along with Brenda and your neighbors. Expect refreshing splashes, easygoing fun, & the perfect dose of good-vibe energy.

Swim Dates (pick 1 or all):

- Mon, July 13 _____
- Fri, July 31 _____
- Mon, August 10 _____
- Fri, August 28 _____

*Bus departs from Lounge at 11:45a

**Northwest Swim Club
in Bethlehem**

Swim 12:00p - 2:00p

***Only \$10.00 per
date**

Name: _____

Phone#: _____ Apt#: _____

~ Please return this form to **BRENDA'S MAILBOX** ~

Lutheran Manor
BINGO

NO BINGO
July & August

We will resume in
September.

EAT.REAL.FOOD.
Mobile Market

★
A 'Farm to Neighborhood' initiative that is participating with local farms, schools, municipalities, non-profits and community leaders, bringing local farm grown food to a table near you.

JOIN US in the Lounge on:
~July 9 ~Aug 13 ~Sep 10
from 12:00 - 1:30p

Payments Accepted:
Cash, Credit Card, SNAP/EBT, Vouchers

Rent Rebate Checks

Checks have begun arriving after July 1st. Should you have any questions regarding your rebate status, please contact Senator Boscola's office at 610-868-8667.



Please Be Patient.

Farm Market
Vouchers

Vouchers are being processed. The Gov't Center has confirmed that they have already started mailing them out. Please contact Senator Boscola's office at 610-868-8667 for more information.



Resident's Association

BINGO

Come one, Come all!
Enjoy the Fun!!



Mondays at 6:00p

~Community Room

Food Ministry

Canceled for July. We will resume in August. Tune into Channel 100 for updates.

SOUPS

Check out the message board for information

COFFEE & DONUTS

Come mingle with your fellow neighbors while enjoying a cup of joe with some delicious donuts to start your day!

\$1.50 each item



Sat, 7/4 @ 9:30a

Soup & Hot Dogs

CANCELED
July & August

We will resume in September.
Tune into Channel 100 for updates.

Breakfast

CANCELED
July & August

We will resume in September.
Tune into Channel 100 for updates.



CLOTHING DRIVE

Bring your gently used clothing/shoes to the Lounge at 2:00p, so they can be donated to the Salvation Army.

Fri, 7/31 @ 2:00p

SHREDDING

Bring your documents to the Lounge to be shredded securely



SOCIAL

CANCELED
July & August

We will resume in September.
Tune into Channel 100 for updates.



Event Sign-Up Form

Please **CHECK OFF** which event you would like to attend below



Lutheran Manor Events

7/7	Tuesday	SPEAKER: 'UV Safety'	11:00a	☐
7/10	Tuesday	Dominó Español	2:00p	☐
7/13	Monday	LM IN-PERSON MOVIE: 'The Family That Preys'	1:00p	☐
7/14	Tuesday	ENTERTAINMENT: Hymns / Piano	12:00p	☐
7/16	Thursday	ACTIVITY: Watercolor Painting	12:00p	☐
7/17	Friday	BINGO / Q&A with 365 Health Services	12:00p	☐
21/7	martes	VOCERO: 'Protección Contra los Rayos UVs'	11:00a	☐
24/7	viernes	PELÍCULA EN PERSONA: 'Solo Mio'	2:00p	☐
7/27	Monday	ENTERTAINMENT: 'One Man Band'	12:00p	☐
7/28	Tuesday	ENTERTAINMENT: Hymns / Piano	12:00p	☐

"May we think of freedom not as the right to do as we please, but as the opportunity to do what is right." -Peter Marshal

Resident's Association Events

7/4	Saturday	Coffee & Donuts	9:30a	☐
-	-	Soup / Hotdogs	-	☐
-	-	Breakfast	-	☐
-	-	Birthday Party	-	☐
-	-	Social	-	☐



Name(s): _____

Phone#: _____ Apt.#: _____

~ Please return this form to **BRENDA'S MAILBOX** starting Wednesday, 7/1 ~

**RETURN THIS FORM TO
BRENDA'S MAILBOX**

August Bus Trips



8/4	Tuesday	BANKS & Shopping at CVS / WALGREENS	10:00a____
8/5	Wednesday	Shopping at GERRITTY'S FARM MARKET	12:00p____
8/6	Thursday	Lunch at THE NARROW'S	12:00p____
8/8	Saturday	PICKLE FEST COUNTRY JUNCTION	11:00a____
8/10	Monday	Open Swim at NORTHWEST SWIM CLUB (\$10 due to Brenda; Snackstand not included)	11:45a____
8/11	Tuesday	Shopping at GIANT	10:00a____ 2:00p____
8/12	Wednesday	Dinner at LoRUSSO'S ITALIAN	3:30p____
8/18	Tuesday	Breakfast at THE 3W EATERY	10:00a____
8/20	Thursday	Shopping at WALMART	10:00a____ 2:00p____
8/21	Friday	BLUE MOUNTAIN Ski Lift (\$15 due to Brenda) & Lunch at SLOPESIDE GRILLE	10:00a____
8/25	Tuesday	Shopping at WEIS	10:00a____ 2:00p____
8/26	Wednesday	IRON PIGS GAME at Coca-Cola Park (\$12.00 due to Brenda)	5:00p____
8/27	Thursday	Brunch at COZY CAFE	11:00a____
8/28	Friday	Open Swim at NORTHWEST SWIM CLUB (\$10 due to Brenda; Snackstand not included)	11:45a____



Name:_____

Phone#:_____ **Apt#:**_____

*\$5.00 cancelation fee will be charged for any trips not canceled with a 24hr notice

Below are descriptions of the unique trips scheduled & what you should expect if you attend:

THE NARROW'S:



Located on the scenic Delaware river & the Delaware Canal State Park; Welcome to this historic building from 1812. Indulge in Burgers, Oysters, Gnocchi, Crab Dip, Salads, Fish & Chips, Burgers, Mac & Cheese, & more.

PICKLEFEST COUNTRY JUNCTION:



Enjoy vendors, food trucks, live entertainment, pickle juice drinking contest, pickle eating contest, or show off your singing skills in the "Big Dill" karaoke competition. An array of pickle-inspired food and drinks will be available.

NORTHWEST SWIM CLUB:



Lutheran Manor has reserved an entire lane with a stair entrance for your convenience to give you a more private space to relax, swim, and enjoy. Join us for a dip in the pool!

LORUSSO'S ITALIAN:



Indulge in a wide variety of amazing dishes made with only the finest ingredients - Lobster Alfredo, Rigatoni Portabello, CrabCake Piccata, Shrimp Scampi, Salmon Florentine, Cannolis, Limoncello Mascarpone, Tiramisu, Tratufo, and their famous pizza, and much more!

THE 3W EATERY:



Specializing in Specialty Cheesesteaks, Subs, & Wraps, breakfast items, including Breakfast sandwiches, Bowls, Burritos & more.

BLUE MOUNTAIN SCENIC LIFT RIDE:



Have a seat, buckle up, & soak in the beauty of the mountain; Don't forget to take pictures at the top because you're going to want to show off that view!

SLOPESIDE PUB & GRILLE:



Enjoy endless views of the Pocono Mountains — every window is a window seat; paired with seasonal salads, handcrafted sandwiches and Chef specialty entrees.

COZY CAFE:



Offering a refined Modern European dining experience set in a rustic, antique ambiance. Our thoughtfully curated menu accommodates gluten-free, vegan, and vegetarian options.

